

Essex County Council
Overview and Scrutiny Committee
Review Scoping Document (DRAFT 2 – 13 OCTOBER 2016)

Review Topic	Mental Health services for children and young people
Committee	Health Overview and Scrutiny Committee
Terms of Reference	<ul style="list-style-type: none"> (i) To provide Members with an improved understanding of issues and trends in connection with mental health services for children and young people; (ii) To review the new Emotional Wellbeing and Mental Health Service launched by a new provider including capacity and demand issues; (iii) To review issues about services raised by service users and patients, and other sources, using anecdotal evidence, local research material such as YEAH 2 from Healthwatch Essex and conducting witness sessions as appropriate; (iv) To consider any changes that could be recommended
Lead Member, and membership of Task and Finish Group	District Councillor J Beavis County Councillor Keith Bobbin Southend Borough Councillor Helen Boyd County Councillor Jenny Chandler (P&F Scrutiny Cmtee nominee) Southend Councillor Caroline Endersby County Councillor K Gibbs County Councillor Jill Reeves County Councillor Andy Wood
Key Officers / Departments	Barbara Herts, Director for Commissioning Mental Health Clare Hardy, Head of Commissioning.
Lead Scrutiny Officer	Graham Hughes
Portfolio Holder(s)	Councillor Graham Butland, Cabinet Member for Health
Relevant Corporate Links	<u>Corporate Outcomes Framework -</u> <i>Children in Essex will get the best start in life</i> (Children and young people are well looked after and safe with their basic needs being met within resilient families and that they are emotionally healthy and make good decisions) <i>People in Essex enjoy good health and wellbeing</i> (ensuring that mental health services are fit for purpose)

Type of Review	Task and Finish Group
Timescales	Completion by February/March 2017
Rationale for the Review	<p>Two of Essex County Council's desired Corporate Outcomes are that <i>Children in Essex will get the best start in life</i> and that <i>People in Essex enjoy good health and wellbeing</i>.</p> <p>Both national and local reports have suggested that there are issues around information being available about services, referrals to services, accessing services, transition between services, and the suitability of services for children and young people.</p> <p>In particular, in the summer of 2016 Healthwatch Essex published YEAH2 – a report on young people's experiences of accessing and using local health services (with a particular section focussing on mental health). The YEAH! 2 report states that young people are asking for more information to be published about services in order to help raise awareness and highlight the fact the type of services available do not always meet their expectations and needs. Difficulties around the transition between children and adults services are also highlighted.</p> <p>A new contract for providing services to children and young people has been operational since 1 November 2015 and it is also opportune to assess the challenges being faced, and the changes being made and planned by the new provider (North East London Foundation Trust).</p>
Scope of the Topic	<p>To identify and review:</p> <ul style="list-style-type: none"> (i) awareness and signposting of services (ii) referral and waiting times to access services (iii) the links between and to services (iv) consistency of services (v) appropriate budget and finance issues and impacts
Key Lines of Enquiry	<ul style="list-style-type: none"> (i) Is there clear leadership on mental health? (ii) Do young people know where to go for support and is it accessible? (iii) What service standards are in place on how mental health services should be provided? (iv) How are services linked and integrated? (v) How prominent is prevention and early intervention? (vi) How do current budgets and finances impact the services being provided?

<p>Other Work (Being) Undertaken</p>	<p>Children’s Commissioner: Lightning Review: Access to Child and Adolescent Mental Health Services - May 2016 Centre Forum Commission on Children and Young People’s Mental Health – State of the Nation – April 2016 Hope for Better Mental Health – exploring co-production and recovery – Essex County Council Healthwatch Essex YEAH, YEAH 2 and SWEET reports. Healthwatch Essex YEAH 3 (underway) Updating of Joint Strategic Needs Assessment on Mental Health (underway) Mental Health Strategy review (underway)</p>
<p>What primary / new evidence is needed for the scrutiny?</p>	<p>Awareness, signposting and services in schools, youth services. The role of the voluntary sector/third sector</p>
<p>What secondary / existing information will be needed?</p>	<p>See Other Work (being) Undertaken</p>
<p>What briefings and site visits will be relevant to the review?</p>	<p><i>Briefings:</i> ECC Commissioner for children’s/young people’s mental health services. Service provider (North East London Foundation Trust)</p> <p><i>Site Visits:</i> Local schools Youth projects</p>
<p>Who are the witnesses who should be invited to provide evidence for the review?</p>	<p><i>Provider – North East London Partnership Trust</i></p> <p><i>Schools:</i> ECC Educational Psychologist(s) Youth Offending Teams (YOTs) Social Workers with youth offenders Schools council School nurse Pastoral care provision School Co-ordinators</p> <p><i>Youth services</i> Youth projects and similar ECC Youth Bus YMCA</p> <p><i>Role of Voluntary/Third sector (e.g. MIND, YMCA)</i></p> <p><i>Others to be determined</i></p>

Implications	<p>In terms of topic, have the following matters been taken into consideration in the planning of this review:</p> <p>Legal implications Yes/ no Financial implications Yes/ no Equality and diversity issues..... Yes/ no Other critical implications.....</p>
What resources are required for this review?	<p>At present it is difficult to quantify the additional resources required to undertake this review. Given that the resource available is finite, it will be necessary to consider carefully the timing of the review within the Committee's overall work programme.</p>
Indicators of Success	<p>That the Group obtain assurance that children and young people have a mental health service that is accessible and fit for purpose and any gaps or weaknesses identified by the review can be improved.</p>
Notes	
Provisional Timetable	<p>Completion by February/March 2017</p>